



Minneapolis Public Schools
Andrea Northup
Farm to School Coordinator



34,400 students

- 66% eligible for Free or Reduced price meals
- 36% African American, 33% White/Caucasian, 19% Hispanic/Latino, 8% Asian American, 5% American Indian

40,000 meals served daily

- 12,000 breakfasts
- 24,000 lunches
- 4,500 snacks

61 sites

- 18 with kitchens 😊
- 43 without 😞
- 48 salad bars



Farm to School

Small, sustainable farmers within ≈ 100 mile radius

Contracts with 8 farmers for 7 produce items

Special purchases

Local

Larger farmers and manufacturers within ≈ 200 mile radius

Through regular vendors or direct from manufacturers

Produce, meat, bread products, grains













Minneapolis Public Schools & Russ Davis Wholesale – Farm to School Item Cheat Sheet

Produce Item	Product Description	How will it be processed/served?	Product Size	Pack Size	Wash Description	Approximate Delivery Periods
Yukon Gold Potato	Potato with thin, light skins.	RDW will repack into 5# cases. School sites will chop and boil for mashed potatoes with the skin still on.	Size A. 2 ¼" or larger in diameter. Big is fine.	50# sack	Rinsed, free of debris and soil.	September – stored as long as possible
Baby Red Potato	Red-skinned small potatoes.	RDW will wash, quarter and pack into 5# cases for schools to roast. Sometimes blended with other items for roasting.	Size B 1½" – 2 ¼" in diameter	50# sack	Rinsed, free of debris and soil.	September – stored as long as possible
Butternut Squash	Misshapen, nicks and dings are ok.	Skinned and cubed, roasted on site. Potentially used in a grain salad. Occasionally skinned, cubed and boiled down for a butternut squash bake.	Oversized is okay	Bushel 1/9 box	Dirt knocked off, free of debris, not too much dirt in container.	First harvest – stored as long as possible
Carrot	Long, uniformly-sized carrot. Cosmetic imperfections are ok.	Shredded and used on salad bars. Diced and roasted on site.	Uniform diameter minimum 1"	50# sack	Rinsed, free of debris and soil	September – stored as long as possible
Green Cabbage	Tight, firm heads. Remove a few wrapper leaves.	Shredded for coleslaw and side/condiment.	Oversized is fine.	45# carton or bin. Should be 18-24 ct.	Outside 1-2 wrapper leaf/ leaves removed, not too much dirt in container.	September – stored as long as possible
Green Pepper	Cosmetic imperfections are okay, some misshape is ok. Some scars and dings ok.	Used only in raw dishes. Diced or sliced on salad bars.	Larger than 2 ½" diameter and 2 ½" tall (XLG – LG).	Bushel 1/9 box	Fully washed.	September—end of season
Cucumber	Cosmetic imperfections are okay. Should be mostly straight with no yellowing.	Repacked in 5# cases for schools to slice and serve on salad bars. Washed and sliced, packed in 5# cases for schools without kitchens to serve on salad bars. Sliced for central kitchen (cucumber salad).	6" - 9 ½" in length 2" minimum diameter (Select, Super Select). As long as not overripe/hard	Bushel 1/9 box	Fully washed. Should be pre cooled (<50°F)	September – end of season
Apple	Firm, crisp, sweet, flavorful varieties preferred. Must look pretty nice so kids eat them! Not Red Delicious.	Cross-docked at RDW and served as whole apple. May be shipped directly to Nutrition Center.	125 count – uniform size	40# case	Fully washed.	September – stored as long as possible

Farm

Aggregator
(in some cases)

Russ
Davis

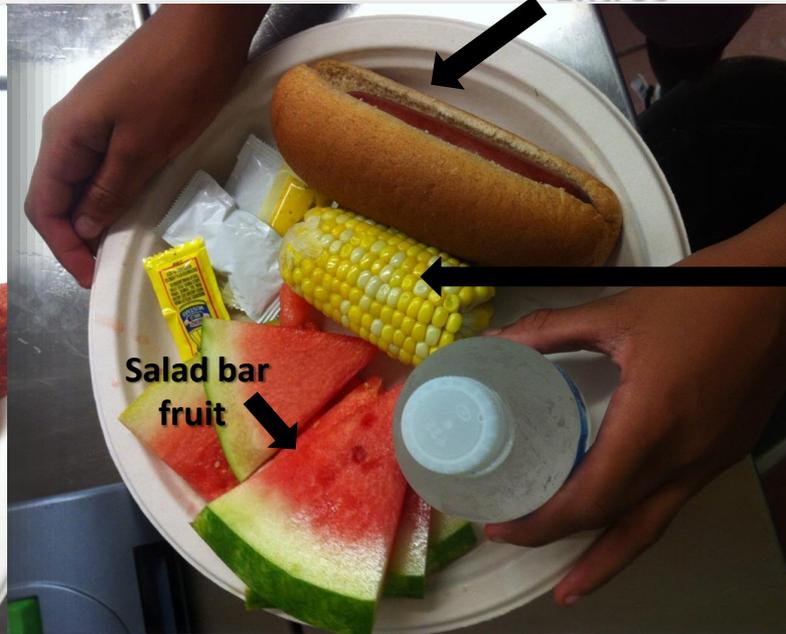
Nutrition
Center or
School





Bean salad

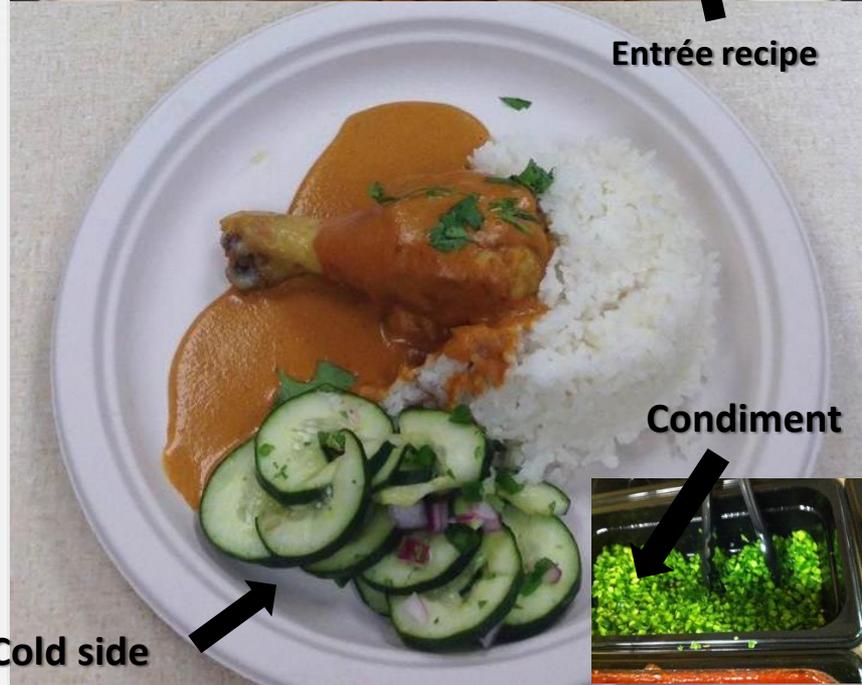
Roasted side



Entree

Steamed hot side

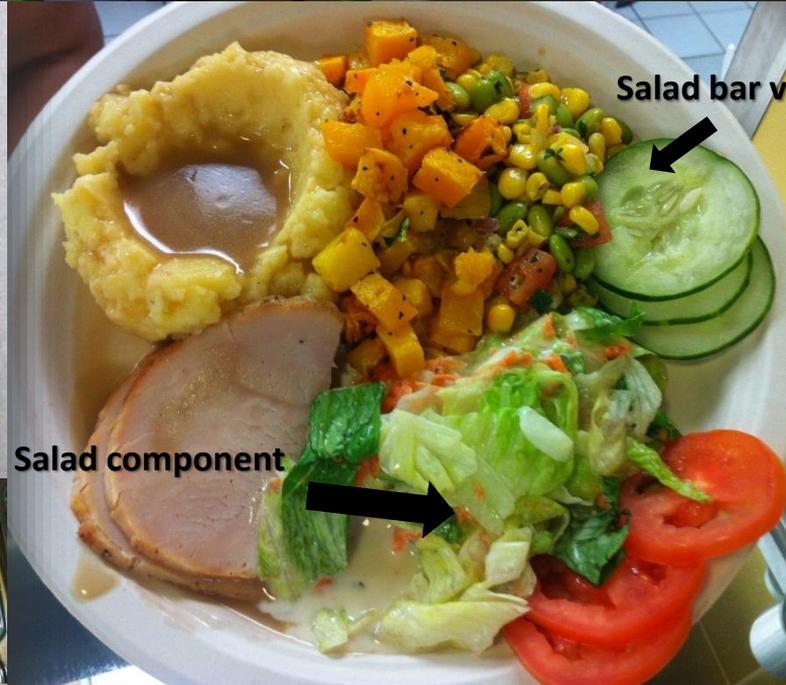
Salad bar fruit



Entrée recipe

Condiment

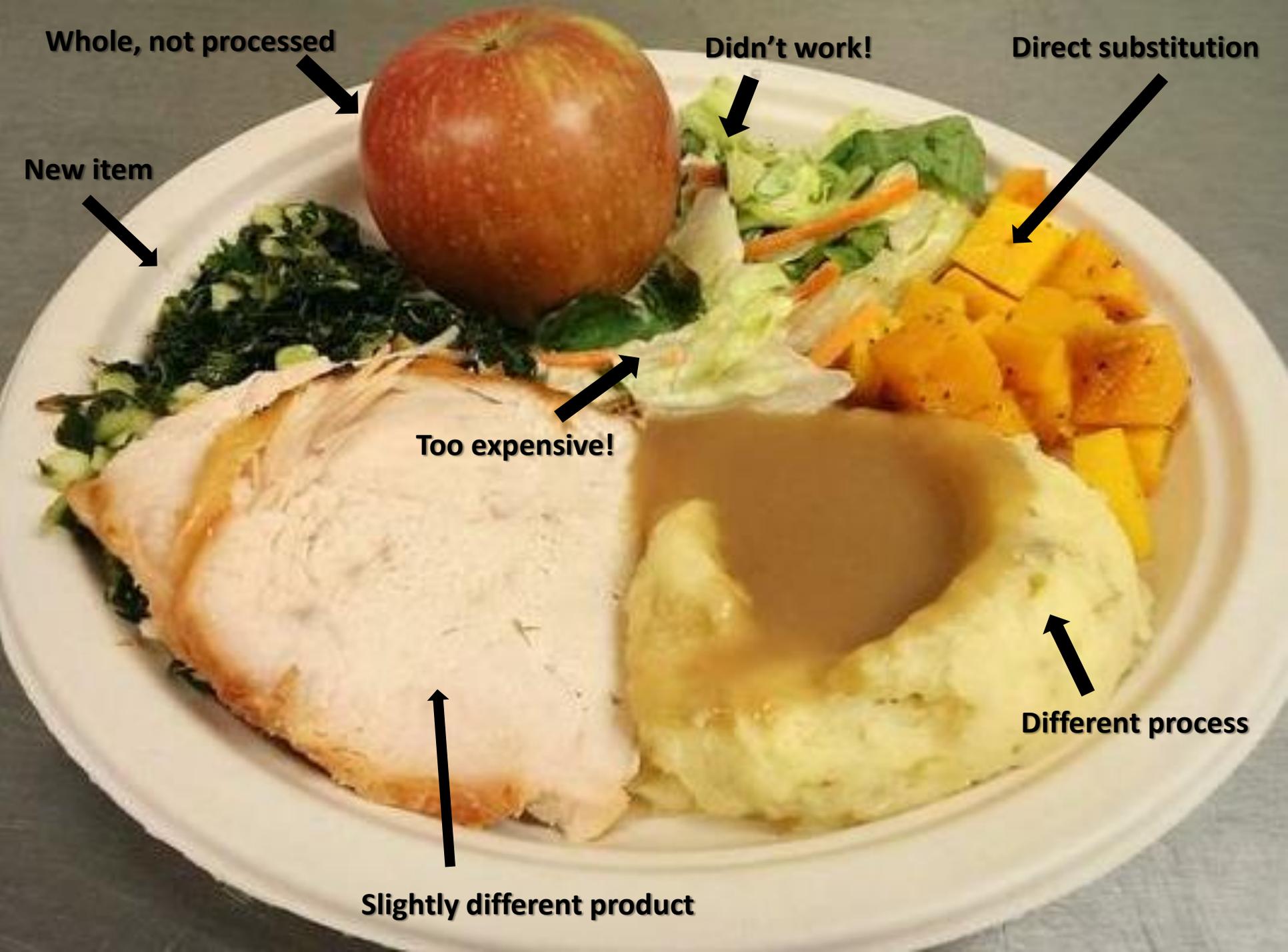
Cold side



Salad bar vegetable

Salad component





Whole, not processed

Didn't work!

Direct substitution

New item

Too expensive!

Different process

Slightly different product

Cucumbers & Green Peppers

Gardens of Eagan, Northfield, MN



Carrots & Red Potatoes

Hmong American Farmers Association, Hastings, MN



Yukon Gold Potatoes

Fairview Farm, Altura, MN



Butternut Squash

L&R Poultry & Produce, Kenyon, MN



Cabbage & Kale

Seed to Seed Farm, Clear Lake, WI



Delicata Squash

Whetstone Farm, Windom, MN



Turkey

Ferndale Market, Cannon Falls, MN



SEPT 4, 2014

MN THURSDAYS

MENU

Grass-Fed Beef Hot Dog
On a Whole Grain Bun
Corn on the Cob
Cucumber Salad
Watermelon

PAN-O-GOLD BAKERY
Hot Dog Buns

FOOD
MAP!

RIVERSIDE FARMS
Watermelon

MINNEAPOLIS
Public Schools

SAINT PAUL
Public Schools

PAUL FARMS
Corn on the Cob

GARDENS OF EAGAN
Cucumbers

THOUSAND HILLS CATTLE CO.
Grass-Fed Beef Hot Dogs

#MNThurs

@MPS_TRUEFOOD

Lunch on the first Thursday of every month will feature seasonal, Minnesota-grown ingredients. It's just another way we support local food and offer you fresh, delicious options!

NOV 6, 2014

MN THURSDAYS

MENU

Turkey Sloppy Joe
on a Whole Grain Bun
Orange Glazed Carrots
Apple Cabbage Slaw
Empire Apple

FOOD
MAP!

RABIDEAUX ORCHARD
Empire Apple

PAN-O-GOLD BAKERY
Whole Grain Bun

SEED TO SEED FARM
Cabbage

ED FIELDS FARM
Carrots

HAFI FARM
Carrots

FERRISDALE MARKET
Turkey

#MNThurs

@MPS_TRUEFOOD







MFS

TRUE
FOOD

CHEF
COUNCIL

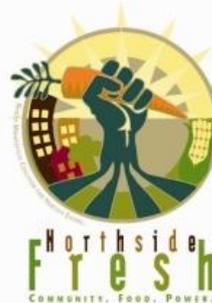
EST 2013



renewing the countryside
inspiration · connections · solutions



MINNESOTA FOOD ASSOCIATION



A close-up photograph of several bright red raspberries scattered on a dark, textured surface, possibly a piece of slate or dark paper. The raspberries are in sharp focus in the foreground, while some in the background are slightly blurred.

Thank you!

Andrea Northup

Farm to School Coordinator

Minneapolis Public Schools

andrea.northup@mpls.k12.mn.us

612-668-2854

