



INSTITUTE FOR AGRICULTURE AND TRADE POLICY

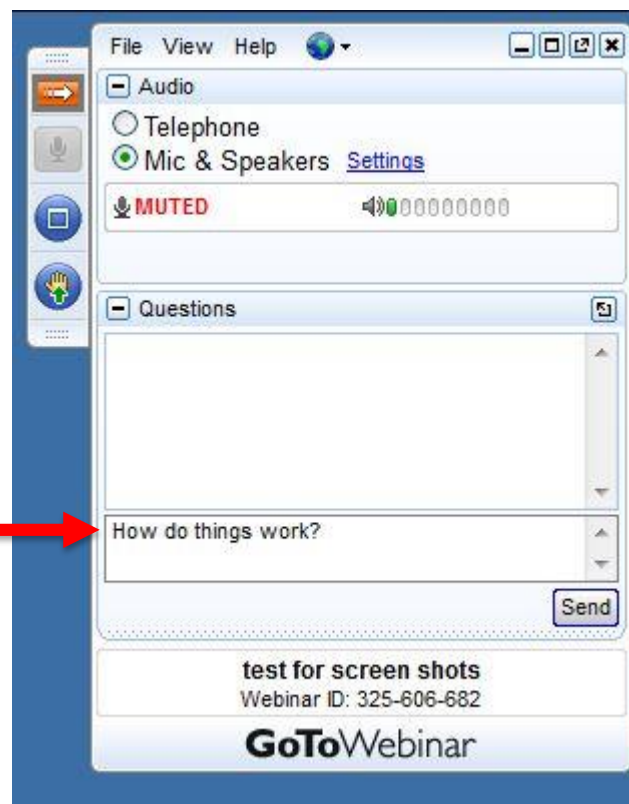


Farm to School & Youth Leadership Part 1: Helping students understand their food systems

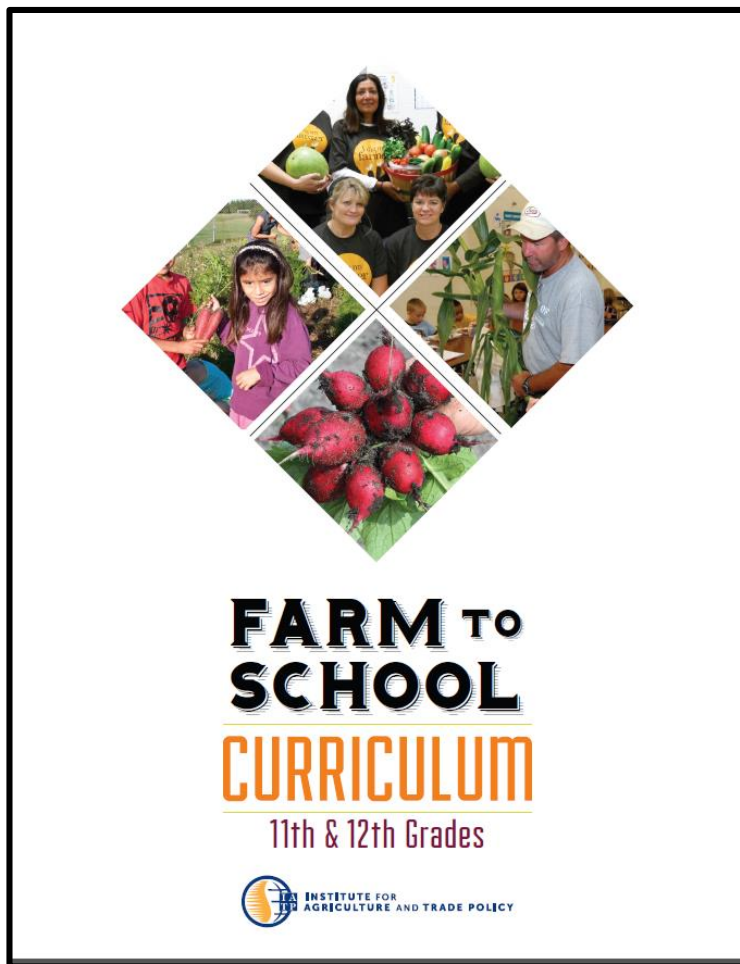
How to ask questions during webinar

Viewers are able to ask questions by typing in the text box of your control panel, located by default, on the right side of your screen.

We will try to answer as many questions as time allows.



IATP's Farm to School Youth Leadership Curriculum



Find links to
download free of
charge here:

[http://www.iatp.org/
issue/farm-to-school](http://www.iatp.org/issue/farm-to-school)

Natasha Mortenson

*High School Agriculture Teacher, FFA
Advisor at Morris Area High School*



Erin McKee

*IATP Farm to Institution
Senior Program Associate*



Mary Jo Forbord

*Prairie Horizons Farmer,
Registered Dietitian, Morris
Healthy Eating Coordinator*

Poll!

Please estimate your knowledge of Farm to School:

- 1: Not familiar at all
- 2: A little familiar
- 3: Familiar
- 4: Fairly familiar
- 5: Very familiar

What you'll find in our curriculum

- Lesson 1: Getting to know Farm to School
- Lesson 2: Getting to know your local food system
- Lesson 3: School Lunch: How Does It Really Work?
- Lesson 4: Identify Opportunities and Make a Farm to School Plan!
- Lesson 5: Communicating with Producers of Local Foods
- Lesson 6: Promoting Your Farm to School Program

What is Farm to School?

Connects students to nearby small and mid-size farms and puts fresh, healthy and minimally processed foods in their school meals



“Farm to School” takes many forms



- Menu Farm to School foods
- Educational activities within and beyond classroom
- Gardening
- Farm Visits
- Community Activity

Farm to School Benefits:



HEALTH: Kids Win



AGRICULTURE: Farmers Win



ECONOMY: Communities Win

Natasha's Experience in Morris



Photo from the Star Tribune.

Ownership & Empowerment



Strengthens Farm and Food Literacy



Academic Benefits

Garden-based education increases academic achievement and often results in higher test scores.



Mary Jo's Farm to School Experience



Photo from the Morris Sun Tribune.

Supporting our Farmers & Economic Development



Community Ties



Improved Nutrition

- Increased consumption of fruits and vegetables (at school and home)
- Helps prevent obesity and obesity-related diseases
- Increased willingness to try new foods



Food Security

- Increases access to fresh, healthy food
- Shortened supply chain
- Local control
- Transparency
- Environmental benefits



Farm to School around the Country

Farm to School activities are happening in all 50 states



4,322
districts

40,328
schools

23,513,237
children

Poll!

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Questions & Comments



Webinar Part 2: Strengthening Farm to School

Part 2: Tuesday, February 17, 2015: 3:30-4:30 PM

Will feature Vanessa Herald, the Farm to School Specialist at the Center for Integrated Agricultural Systems who also co-developed the curriculum with IATP.

She will share strategies for starting or expanding Farm to School initiatives, and how the structure of the curriculum supports strengthening Farm to School in a logical way.

[Register for Part 2 now.](#)

Thank you!



Send additional questions to Erin at emckee@iatp.org .